





Thanks



Appreciated







"If your actions inspire others to dream more, learn more, do more, and become more, you are a leader." • John Quincy Adams •

LIFETIME ADOPTION FOUNDATION & Wish List 90

Lifetime Adoption Foundation, a 501(c)3 non-profit, is urgently seeking help for women and children, and pregnant women in crisis. Make a difference by providing help that will supply a pregnant woman or struggling mother with food, clothing, warm bedding and beyond. Each woman and child helped is a life touched by you.

ITEMS NEEDED:

Toddler clothes - boys & girls

- Children's pajamas & socks
- · Maternity clothes, any size
- Women's Sweat pants & pajamas
- · Women's plus clothing
- New socks & underwear

TOILETRIES:

CLOTHING:

- Wet ones or wet wipes
- Bandaids
- Sanitary pads
- Tote bags
- Toothbrushes
- Soap or body wash
- · Shampoos & conditioner
- Hair brushes or combs

HOUSEHOLD ITEMS:

- New Bed pillows
- Twin, Full, & Queen sheet
- Throw & bed blankets
- Throw rugs
- Bath mats
- · Wash cloths & towels
- Cooking pans
- Food storage containers

ANY NON-PERISHABLE FOOD:

- Canned food
- Peanut butter & jelly
- Tuna & canned chicken
- Soups & instant noodles
- Pasta & sauces
- · Raisins & dried fruit
- Beef & chicken jerky
- Cereal
- Honey
- Coffee & tea (individual pkgs ok)
- Protein bars or protein powder
- · Powdered or canned milk
- Rice & beans
- · Cornbread, pancake, or cake mixes

Please give today and make a difference.

Every donation you make goes directly to a child, mother, or pregnant teen or woman in crisis.

BOOKS & GIFTS:

Hopeful

- Bibles
- · Children's Bibles
- Blank journals
- Backpacks
- · Women's wallets
- Knit gloves

Gift Cards help too!

(small amounts from \$10-\$50 are best)

- For Target, Kmart, Ross, Walmart, Dollar Store, **Grocery Outlet**
- Any food/grocery chain store
- Visa Gift Cards

MAIL OR DROP OFF TO OUR GRASS VALLEY OFFICE

Thank you!

ALL donations are tax deductible. Tax receipts available upon request.

If you know someone who is pregnant or unable to continue providing for a child call The National Adoption Hotline at 1.800.923.6602

• Free Services • Confidential • Available 24/7



LIFETIME ADOPTION FOUNDATION 400 Idaho-Maryland Road, Suite B Monday-Friday: (530) 271-1756 LifetimeFoundation.org

